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## JOB DESCRIPTION: SUP YOGA TEACHER

Toronto Island SUP is the only stand up paddleboard (SUP) and kayak company on Toronto Island which is the premier destination for these activities in the city. The company was established in 2014 and continues to grow with a mission to connect people with the water through SUP and kayak experiences. We strive to create community, respect the natural world and foster experiences over material possessions. Our listings include both unguided and guided experiences through the lagoons of the island. We are looking for passionate individuals to help us facilitate these adventures and keep our guests safe in the calm heart of the city.

### **Nature of Work**

The SUP Yoga Teacher provides 1.5 hour classes within the lagoons of Toronto Island. It is the duty of the teacher to arrive early to help set up the equipment, greet guests and have them sign waivers before the class begins. The session begins with basic SUP instruction followed by a short paddle and Yoga class on the water. There is generally another instructor available to assist during the class if it is needed. Some tear down and clean-up is expected afterwards.

TISUP runs special events and classes throughout the season which the SUP Yoga Teacher may choose to be a part of upon request.

### **Requirements**

Yoga teacher certification with a reputable governing body, experience teaching both SUP and Yoga, strong swimming ability, First Aid & CPR-C certified, SUP Instructor certification not required but an asset, NLS not required but an asset, driver licence not required but an asset.

### **Key Skills**

Clear communication, reading comprehension, time management, critical thinking, problem solving, organization, deductive reasoning, attention to detail, ability to work independently

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or with a team, physical ability to lift & transport equipment, guest management and practice good self-care with relation to working in an outdoor waterfront environment.

## **Main Duties**

Deliver high quality SUP Yoga instruction, equipment transport, drive electric utility vehicle, answer emails, keep beach area clean & free of garbage, answer TISUP phone, manage guests, maintain good organization, promote social media channels & contact with customers, engage with customers & create rapport, deliver timely & effective instruction, check equipment pre and post session for damages, keep general care of equipment and uphold business image.

## **Working Hours**

The Sunset SUP Yoga classes run on Sunday and Wednesday evenings for 1.5 hours. This start time changes throughout the season depending on the time of the setting sun. Other events and classes may be added throughout the season based on teacher availability. See schedule online.

## **Compensation**

We are an employer that values diversity, inclusion, and helping others grow both professionally and personally. Additionally, we are proud to say we offer some of the most competitive rates in the area for this type of work. Our rates are provided and discussed during the interview process.

*Interested candidates please submit an application through the online form found at [torontoislandsup.com/hiring](https://torontoislandsup.com/hiring). Feel free to contact for any clarifications or questions [julian@torontoislandsup.com](mailto:julian@torontoislandsup.com)*

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